

BASKETBALL

U.D: 5.3

BASIC SKILL: Learning to learn

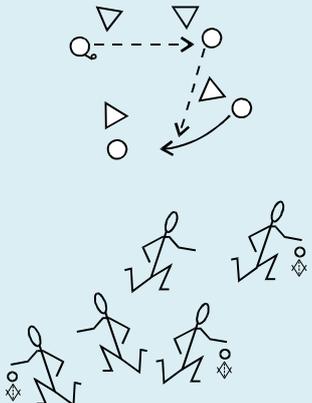
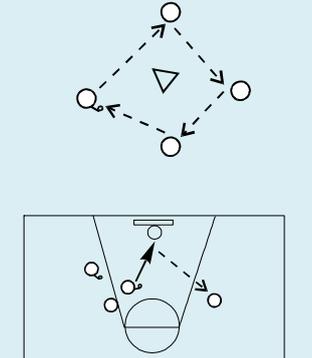
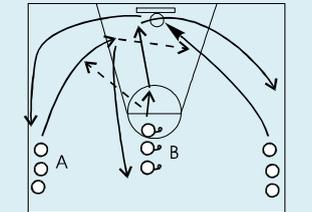
MATERIAL: BASKET BALLS

MAIN OBJETIVE: BEGINNING TO PLAY BASKETBALL

GRADE: 5°/6°/3°

N° PUPILS:

LOCATION: GYM

DESCRIPTION	OBSERVATIONS	SKILLS
<p>A) WARM UP Run around the court for five minutes</p> <ul style="list-style-type: none"> Game: Four teams in two courts. "Ten passes" Game: "Stealing balls" Bouncing the balls in a small place. People without balls have to steal them, without fouling. 		<p>Learning to learn</p>
<p>B) MAIN PART Groups of six. One in the middle. Pass the ball between five players and the other one has to steal it.</p> <p>In pairs. One versus one. Change the positions when the exercise finished.</p>		<p>Communication Skill</p>
<p>Groups of three. Pass and shooting. A runs and catches the ball passed by B. A passes the ball to C and C shoots. B catches the rebound. A and C change their positions.</p>		<p>Good sportsmanship</p>
<p>C) FINAL PART Free shooting game. Teams with five players. Each player takes three shoots. The team with more points wins the game.</p>	