

BASKETBALL

U.D: 5.5

BASIC SKILL: Learning to learn

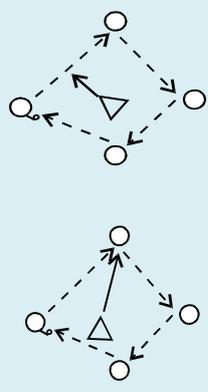
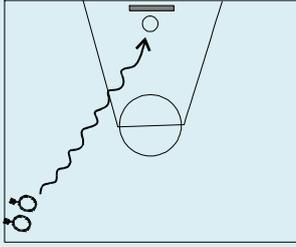
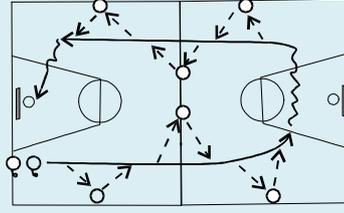
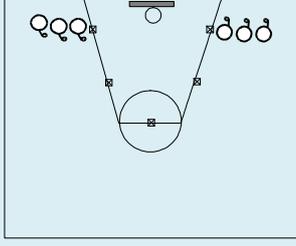
MATERIAL: BASKET BALLS

MAIN OBJETIVE: BEGINNING TO PLAY BASKETBALL

GRADE: 5°/6°

N° PUPILS:

LOCATION: GYM

DESCRIPTION	OBSERVATIONS	SKILLS
<p>A) WARM UP Game: Groups of five. Four make a square and one in the middle. Pass the ball; if the pupil who is in the middle touches the ball, change your position.</p> <p>The same exercise, but instead of touching the ball, people in the middle have to touch the player.</p>		<p>Learning to learn</p>
<p>B) MAIN PART Go to the hoop dribbling and shoot.</p> <ul style="list-style-type: none"> * From the right * From the middle * From the left 		<p>Communication Skill</p>
<p>Groups of two. Go to the hoop dribbling. One versus one.</p>		<p>Good sportsmanship</p>
<p>Shooting competition. You have to shoot from each place. To win you have to make three shoots.</p>		
<p>C) FINAL PART Flexibility</p>	