I VOCABULARY

1. Find the right words for the following definitions

1) __ You put your food into this ____________
2) __ You see with these ____________________
3) __ These are where your arms bend __________
4) __ These are in the middle of your legs __________
5) __ You lie on this when you are in bed __________
6) __ The collar of your shirt fits round here _______
7) __ These are between your shoulders and your arm
8) __ This part of your face is between your mouth and your neck
9) __ You should brush these after meals__________
10) __ When you are hungry, this makes strange noises

2. Choose the right option

1) __ My mother gets angry at me when I………………my nails
   a) shake  b)bite  c)comb
2) The president will come into the room and ………….hands with everyone
   a) blow  b)make  c)shake
3) It is lovely to come up to the mountain and…………….fresh air
   a) breathe  b)blow  c)shake
4) I had to ………………….my nose in the middle of the lecture
   a) blow  b)bite  c)shake
5) I sometimes forget …………………………my hair in the morning
   a) shake  b)blow  c)comb

3. The people would like to be the opposite of what they are. Complete the sentences

1) I am short and fat, but I’d really like to be……………………and………………...
2) I’ve got curly hair, but I have always wanted……………………………………….hair.
3) I’m very pale but I would rather have…………………………………………..skin.
4) I would like to be………………………………………………like Brad Pitt.
5) I’ve got dark hair, but I would prefer to have………………………………….hair.
4. Complete the following sentences using should/shouldn’t and suitable advice to each situation. Use the following vocabulary

<table>
<thead>
<tr>
<th>Drink coffee</th>
<th>Take antihistamines</th>
<th>Low-fat food</th>
<th>Carry heavy things</th>
<th>Use neutral ph products</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eat salt</td>
<td>Take calcium</td>
<td>Go on a diet</td>
<td>Drink alcohol</td>
<td>Avoid highly alkaline soaps</td>
</tr>
</tbody>
</table>

1. People with high cholesterol ..............................................
2. People with sleeping problems..............................................
3. People with liver problems.................................................
4. People with high blood pressure...........................................
5. People with backache............................................................
6. People who suffer from high fever...........................................
7. People with osteoporosis....................................................... 

5. Choose the right option

1. I haven't been able to sleep in three days. I think I might have ________.
   - insomnia
   - a cold
   - the hiccups

2. He smokes too much. Just look at the way he ________.
   - spits
   - sleeps
   - coughs

3. It's possible to become addicted to ________.
   - pain killers
   - water
   - a fever

4. After Will fell off his bike, his mother dressed his ________.
   - wound
   - blood
   - damage

5. Drinking tea with honey can help soothe ________.
   - a hurting throat
   - a hurt throat
   - a sore throat
II SCIENTIFIC KNOWLEDGE

Answer the following questions about CELLULITE

1) Where does cellulite most commonly appear?

2) Does it affect only females?

3) Can you mention some of the factors that may contribute to cellulite?

4) How can be cellulite treated? mention some of the methods that have been developed

III WRITING

Write a “Letter of intention” to the manager of a Spa.